

AN ANALYSIS OF THE INDIVIDUAL INFERIORITY FEELING IN THE MAIN CHARACTER MIRABEL IN *ENCANTO* (2021) FILM

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Abstrak

Penelitian ini membahas tentang analisis psikologi tentang Teori Psikologi Individu oleh Alfred Adler yang secara khusus tentang Inferiority Feeling dalam Encanto (2021) Film. Penelitian ini berfokus pada dua penyebab yang menentukan individu merasa rendah diri, kekurangan fisik dan situasi keluarga. Penelitian ini menggunakan metode kualitatif deskriptif. Ada dua jenis data dalam penelitian ini, yaitu data primer dan sekunder. Data primer adalah data yang ditemukan dalam naskah film Encanto (2021) seperti dialog dan narasi. Kemudian, data sekunder adalah sumber kedua yang telah dikumpulkan dari e-book, e-journal, dan artikel. Penelitian ini telah menemukan beberapa hasil yang dibahas dalam bab temuan dan diskusi. Ada dua penyebab: kekurangan fisik dan situasi keluarga sebagai penyebab Perasaan Rendah Diri di Mirabel sebagai karakter utama.

Kata kunci: individu, perasaan rendah diri, Mirabel, Encanto (2021)

Abstract

This study discusses psychology analysis about Individual Psychology Theory by Alfred Adler which specifically about Inferiority Feeling in Encanto (2021) Film. This study focuses on the two causes that determine individual feel inferior, physical deficiencies and family situation. This study used descriptive qualitative method. There are two types of the data in this study, they are primary and secondary data. Primary data is the data that found in the film script of Encanto (2021) such as dialogues and narration. Then, the secondary data is the second sources that has been collected from e-book, e-journal, and articles. This study has found some result that discussed in the finding and discussion chapter. There are two causes: physical deficiency and family situation as the causes Inferiority Feeling in Mirabel as the main character.

Keywords: Individual, Inferiority Feeling, Mirabel, Encanto (2021)

1. INTRODUCTION

Literature is an imaginative work that reflects human life in society that can be enjoyed, understood, and useful in society. Literature is a uniquely human activity, born of the eternal human desire to understand, express, and ultimately share experience (Pickering, James H & Hoepfer, Jeffrey D 01: 1981). There is a very strong correlation between literature and psychology.

According to Wellek and Warren, Psychology literature is the psychological study of authors, such as types and as individuals, or the study of the creative process, or the study of psychological types and laws that exist in literary works, which ultimately can influence the reader (1963). Psychology and literature have strong relationship, because both literature and psychology have the same object, namely human life. The study uses the individual psychology theory by Alfred Adler to discussed about inferiority feeling which reflected in Mirabel as the main character in the film *Encanto* (2021).

According to Adler in *the Book of Understanding Life an Introduction to Psychology*, individuals were social beings who have roles and functions in their lives that unite in a community unit to overcome living together in society (p. xii). The individual theory developed by Adler is a growth model that emphasizes positive human attitudes and control over their own destiny, not just presenting themselves as victims. In Adler's view, individual psychology is a science that tries to understand the experiences and habits of each person as an organized entity (Ryckman: 2008). In a book of *Theories of Personality Seventh Edition*, he explains a few principles that relate with the theory of Individual Psychology. There are six principles. 1) Inferiority Feeling, 2) Fictional Finalism, 3) Social Interest, 4) Style of Life, 5) Creative Power, 6) Striving for Superiority or Success (Feist: 2008).

Inferiority Feeling is a person's feeling of inferiority who claimed that he has no value or feels that other people are more valuable, thus give rise to comparisons with the subjectivity of others. According to Adler, every human being has had feelings of inferiority and a state of weakness in life since they were born (1956). Adler says that psychological and social inferiority has always existed and is experienced by humans, starting from our participation in family life (Ryckman: 2008). Feelings of inferiority are normal and unavoidable which are expected to motivate individuals to strive for achievement. The existence of weaknesses activates feelings of inferiority in individuals to move towards achieving excellence. The main factors that determine a person's inferiority, Adler divides the main factor of inferiority feelings into five groups. The main factors are; physical deficiency, social and economic status, the sex, family situation, and children's education (Van Alphen: 1969).

Physical deficiency refers to how individuals deal with themselves who feel that their physical needs are no better than others. The feelings that arise due to physical deficiencies can be accompanied by feelings of hopelessness, self-doubt, and lack of confidence in one's ability to cope with life's tasks (Adler: 1956). The physical deficiency can be in the form of physical appearance, physical disability, ugly size, ability, strength, weight, clumsiness, etc.

So, it can be seen as a deficiency because an individual has a weakness that shows by their feeling. In *A Study of the Effects of Inferiority Feelings on the Life and Works of Franz Kafka* (1969), Adler said that individuals have the power to compensate for physical deficiencies not only in terms of physical organs but also mentally and psychologically. Individuals who have weakened mental awareness or low organs tend to make themselves focus with orienting life plans to protect feelings of inferiority.

In the family situation, there are three factors that influence the development of a child's personality, namely the structure in the family, family character, and the child's relationship with the family (Van Alphen: 1969). All these factors determine the position of the child in the family framework.

The family structure refers to the child may be the only daughter or son the child may be the oldest or youngest of several siblings. The youngest child has a position that is the center of attention of other siblings because they are always considered the youngest how old they are, family values towards achievement are emphasized to them where they are the place or reason they are accepted into the family (Sweeney, Thomas J.: 1936). The character of the family is a circumstance in which a child inherits certain relatively constant characteristics that ultimately determine their physical makeup. For instance, whether a child develops into a cowardly or brave, introverted or extroverted, normal or abnormal individual psychologically is frequently due to the influence of others, particularly their family environment (Van Alphen: 1969). The child's connection with the family is closely tied to the process of personality development (Van Alphen: 1969). There are often situations that increase the child's reliance on their environment rather than preparing them to become a well-adjusted, independent, and functional member of society.

This study uses *Encanto* (2021) Film because there are feeling of inferiority which are found in the main character in this film. This study will focus on the individual psychology theory by Alfred Adler and explore more about the causes that determine person feel inferior. Hence, this study entitled "An Analysis of The Individual Inferiority Feeling in The Main Character Mirabel in The Film *Encanto* (2021)."

2. METHOD

The object of this study is the film *Encanto* (2021) written by Charise Castro Smith and Jared Bush. This film tells of a girl who has feelings of inferiority. Mirabel considered a bad luck child and underrated abilities by her family because she has no miracle like the other family member. The type of research in this study was descriptive qualitative. In the data organizing, there were data collecting method and types of the data. Data collecting method consisted of some steps, they were reading the novel, identifying the data, and classifying the data. Moreover, there were two types of data in this study, there were primary data and secondary data.

In organizing the data, watching the film of *Encanto* (2021) and reading the film script was the first step to collecting the data, so it can help understand and get the data for this study. Then, the next step was identifying the data by finding and selecting the data based on the problem formulation by underlying and signing the quotation in the novel. Also, classifying the data could make the data used more organized to understand, so the

comparison between the data can be seen clearly. It was categorized in an appendix and completed with the evidence from the journal or book references which were related to the primary data.

Two types of data used in this study were the primary data and the secondary data. Primary data was the data found in the film *Encanto* (2021) itself such as quotation, sentences, and dialogue from the novel. The secondary data was the second data found in journals, books, and articles.

Analyzing data was the last step that the result of the analyzing data was discussed in the finding and discussion chapter. The writer used qualitative method by reading the novel in the analyzing the data.

3. FINDING AND DISCUSSION

This finding and discussion explain the analysis of the individual inferiority feeling that reflected in Mirabel in the film *Encanto* (2021). This chapter discusses and analyses what causes Inferiority feeling that reflected in Mirabel as the main character.

Inferiority Feeling

Based on the theory by Adler, Inferiority feeling which is the condition of someone who feels inferior to other people caused by weakness. *Encanto* is a film told about the main character, Mirabel who experiences feelings of inferiority because she doesn't have magic like the other family members so it is considered a deficiency in her. Then after this condition she tries to do something that can make herself accepted and show her abilities both to herself and her social environment. Adler says that psychological and social inferiority has always existed and is experienced by humans, starting from our participation in family life (Ryckman: 2008).

Inferiority feelings have several factors that determine a person who feels inferior. According to Rattner (Van Alphen: 1969), Adler divides the main factor of inferiority feelings into five groups. The main factors are; physical deficiency, social and economic status, the sex, family situation, and children's education. From the five factors there are only two factors that determine Mirabel feel inferior, they are; physical deficiency and family situation. Some of the data below will explain the causes of inferiority feelings in the main character, Mirabel. There are two factors that determine Mirabel who feel inferior which are explained as follows.

Physical Deficiency

First factor is physical deficiency. Physical deficiency refers to how individuals deal with themselves who feel that their physical needs are no better than others. In *the book of The Individual Psychology of Alfred Adler: A Systematic Presentation in Selections from His Writings*, physical deficiencies give rise to feelings of hopelessness, self-doubt, and lack of confidence in one's ability to face life's tasks (Adler: 1956).

In A Study of the Effects of Inferiority Feelings on the Life and Works of Franz Kafka, Adler said that individuals have the power to compensate for physical deficiencies not only in terms of physical organs but also mentally and psychologically (Van Alphen: 1969).

DONKEY DELIVERY GUY:

“Mirabel? Delivery! I gave you the “special” since you’re the only Madrigal kid with no gift. I call it “not special” special. Since uh, since you have no gift. Crickets. The kids just stare at Mirabel. A beat.”

INNOCENT CECILIA:

“If I was you, I’d be really sad.”
[Datum Number 1]

The dialogue above shows that Mirabel is not considered special by the people around her. In dialogue by Donkey (Delivery Guy) who said ***“I gave you the “special” since you’re the only Madrigal kid with no gift. I call it “not special” special. Since uh, since you have no gift”*** [Datum number 1]. Apart from that, the dialogue from Innocent Cecillia which said ***“If I were you, I would be very sad”*** [Datum number 1]. These sentences indirectly validate how Mirabel's condition is absorbed because she doesn't have a miracle.

Based on the theory, in *A Study of the Effects of Inferiority Feelings on the Life and Works of Franz Kafka*, Adler said that individuals have the power to compensate for physical deficiencies, the physical deficiency is not only in terms of physical organs but also mentally and psychologically (Van Alphen: 1969). Although it is not a deficiency in a physical organ, this is a feeling of inferiority that is caused by a weak mental and psychological condition.

MIRABEL (CONT'D):

***“HEY, I’M STILL A PART OF THE FAMILY
MADRIGAL...”***

MIRABEL (CONT'D):

***“AND I’M FINE, I AM TOTALLY FINE
I WILL STAND ON THE SIDE AS YOU
SHINE...”***

MIRABEL (CONT'D):

“I’M NOT FINE, I’M NOT FINE...”

MIRABEL (CONT'D):

(singing)

***“I CAN’T MOVE THE MOUNTAINS
I CAN’T MAKE THE FLOWERS BLOOM
I CAN’T TAKE ANOTHER NIGHT UP IN MY ROOM
WAITING ON A MIRACLE”***

MIRABEL (CONT'D):

**"I CAN'T HEAL WHAT'S BROKEN CAN'T CONTROL THE
MORNING RAIN OR A HURRICANE
CAN'T KEEP DOWN THE UNSPOKEN INVISIBLE PAIN ALWAYS
WAITING ON A MIRACLE, A MIRACLE..."**

MIRABEL (CONT'D):

**"ALWAYS WALKING ALONE ALWAYS WANTING FOR MORE
LIKE I'M STILL AT THAT DOOR LONGING TO SHINE LIKE ALL
OF YOU SHINE"**

MIRABEL (CONT'D):

**"ALL I NEED IS A CHANGE
ALL I NEED IS A CHANCE
ALL I KNOW IS I CAN'T STAY ON THE SIDE
OPEN YOUR EYES
OPEN YOUR EYES
OPEN YOUR EYES..."**

[Datum Number 2]

In *A Study of the Effects of Inferiority Feelings on the Life and Works of Franz Kafka*, Adler said that individuals have the power to compensate for physical deficiencies, the physical deficiency is not only in terms of physical organs but also mentally and psychologically (Van Alphen: 1969).

The lyrics of the song sung by Mirabel in the film *Encanto* (2021) above are the data that show how the weakness of her mental and psychological condition is. It is shown from the lyrics **"I'M NOT FINE, I'M NOT FINE... ALL I NEED IS A CHANCE ALL I KNOW IS I CAN'T STAY ON THE SIDE"** [Datum number 3], the lyrics of the song convey that Mirabel feels hopeless directly. because the good things she has done so far have not made the Madrigal family see what she is capable of. This is a form of physical deficiency based on mental and psychological weakness that exists in Mirabel's character.

Family Situation

In the family there are three factors that influence the development of a child's personality, namely the structure in the family, family character, and the child's relationship with the family (Van Alphen: 1969). All these factors determine the position of the child in the family framework. Based on the data below, it will show how the family situation causes the inferiority in Mirabel character.

ABUELA ALMA:

*"Tonight, this candle will give you your gift, mi vida. Strengthen our community, strengthen our home. **Make your family proud.**"*

YOUNG MIRABEL:

(solemn, nodding)

"Make my family proud."

[Datum Number 3]

In *Adlerian Counseling and Psychotherapy, a Practitioner's Approach*, the oldest children can be denoted as the rulers of the time, they are the first and indisputable rulers in the family, the cause of tidings and joy. Whereas the youngest child has a position that is the center of attention of other siblings because they are always considered the youngest how old they are, family values towards achievement are emphasized to them where they are the place or reason they are accepted into the family (Sweeney, Thomas J.: 1936).

The dialogue above shows Mirabel's position at that time was five years old, Mirabel was the last grandchild before giving birth to Antonio. Being the youngest child makes the Madrigal family hope for a miracle that will grant Mirabel immortality for Madrigal. It shows from the dialogue from Abuela Grandmother ***"Make your family proud"*** [Datum number 4]. The sentence reflected how hopeful Abuela was for the miracle of Mirabel. However, Mirabel is considered a disappointment to the madrigal family because she was not given a miracle like the other members of the family. This condition causes Mirabel to feel inferior which is influenced by her position as the youngest child.

FÉLIX:

*"Pepi, Pepi, Pepita - you're
tornadoing the flowers - the
Flowers!"*

ISABELA (O.S.):

*"Did someone say "flowers?"
Isabela descends above Mirabel on a flowering vine and flowers bloom all
around her like a goddamn angel."*

FÉLIX:

"Our angel, our angel."

ISABELA:

(cloying)"Please, don't clap."

PEPA:

"Thank you."

ISABELA:

"Oh, it's nothing."

ISABELA (CONT'D):

*"Uch, a little sisterly advice: if you weren't always trying too hard you
wouldn't be in the way."*

MIRABEL:

*"Actually, Isa, this is called
(LUGGING BASKET) helping, and I'm
not in the way, you are--oof--"*

JULIETA:

“Whoa. Mi vida, you okay? You don’t have to over-do it.”

MIRABEL:

“I know, Mamá, I just want to do my part like the rest of the family.”

[Datum Number 4]

The character of the family is a circumstance in which a child inherits certain relatively constant characteristics that ultimately determine their physical makeup. For instance, whether a child develops into a cowardly or brave, introverted or extroverted, normal or abnormal individual psychologically is frequently due to the influence of others, particularly their family environment (Van Alphen: 1969).

The dialogue above shows the character of the Madrigal family, for example the members of the Madrigal family cannot see any good intentions from Mirabel, instead they feel that Mirabel will destroy the sacred atmosphere on Antonio's special night. ***“Uch, a little sisterly advice: if you weren’t always trying too hard you wouldn’t be in the way” [Datum number 5]*** by Isabela’s dialogue, also Julieta’s dialogue is ***“Whoa. Mi vida, you okay? You don’t have to over-do it” [Datum number 5]***, this shows the character of Mirabel's family which tends to underestimate and do not appreciate Mirabel's abilities. It shows that the character's family of Mirabel can be the cause of her inferior feeling because the family makes Mirabel force herself to be the best version as an extroverted personality in front of them, it is a psychological condition that is influenced by the immediate environment, especially family.

ABUELA ALMA (O.S.):

“Maybe you should leave the decorations to someone else?”

MIRABEL:

“No, I actually made these as a surprise - for you-- (REALIZING IT’S ON FIRE) ooo—”

ABUELA ALMA:

“Mirabel, I know you want to help. But tonight must go perfectly. The whole town relies on our family, on our gifts. So the best way for... some of us to help is... to step aside, let the rest of the family do what they do best. Okay?”

[Datum Number 5]

The dialogue above shows the changes in treatment of Abuela (Mirabel’s grandmother) towards Mirabel. This change occurred since a bad incident when Mirabel did not get her supernatural powers at five years old. The dialogue by Abuela, ***“Maybe you should leave the decorations to someone else?”*** and ***“Mirabel, I know you want to help. But tonight, must go perfectly. The whole town relies on our family, on our gifts. So, the best way for... some of us to help is... to step aside, let the rest of the family do what they do best. Okay?”*** [Datum number 6], the dialogue shows that Abuela Grandmother didn’t believe in Mirabel’s Abilities to do something.

In line with the theory, the child's connection with the family is closely tied to the process of personality development (Van Alphen: 1969). In the dialogue above it shows the connection of Mirabel with the Madrigal family is bad, then this condition makes Mirabel feel she is weak and inferior.

4. CONCLUSION

This final project discussed the film *Encanto* (2021) as the object of the study which focus on the main character and used Individual Psychology theory by Alfred Adler especially Inferiority Feeling principle. The five causes that determine if someone feels inferior: physical deficiency, social and economic status, the sex, family situation, and children's education. In the main character, Mirabel is indicated to experience feelings of inferiority that are caused by two factors: physical deficiency and family situation.

The first cause is physical deficiency, it shows in Mirabel characters who have no miracle like other members of Madrigal family even though she has a good ability but it is not seen and not considered by her family. The second cause is a family situation, which is Mirabel as a youngest child at that time (when Mirabel at five years old) she does not fulfil her family expectation instead Mirabel disappointed her family by failing to get a magic. So, the two causes create Mirabel's feelings of inferiority due to the mental and psychologically weakness she gets from the pressure in her family environment.

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